

OVERVIEW

Our curriculum is designed to strengthen students' resilience to successfully cope with the challenges they will face in their lives, to help them in developing a respectful moral code and instilling in them ambition to achieve their potential in the Salford community and world beyond

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HT1 Living in the Wider World

1) How do I apply for my post-16 option?

HT1 Keeping Safe

- 1) How can I manage influences to gamble?
- 2) What is CPR and how can I use defibrillators?
- 3) How should I respond in dangerous situations?

HT2 Mental & Emotional Health – Exam Stress

- 1) How do I maintain my health (sleep, diet, mind) during exam time?
- 2) How do identify and cope with stress?

Assessment:

Students are continually assessed through reflective written activities, teacher questioning and class discussion.

There is no formal, summative assessment of PSHE, RSE or Health.

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HT3 Relationships & Sex Education

- 1) What is the law surrounding sexual consent?
- 2) What are sexual images?
- 3) What are the responsibilities of parenthood? What are key parenting skills?
- 4) What is reproductive health?

HT4 Healthy Lifestyles

- 1) How can we challenge extremism and recognise radicalisation?
- 2) What are the effects of the media and pornography on young people?
- 3) What is gender stereotyping?

Assessment is monitored through learning walks, book checks, and student/teacher voice.

Sum

HT5 Healthy Lifestyles

- 1) What are food fads?
- 2) What are strategies for sleep?
- 3) What is CPR?

Useful resources for supporting your child at home:

Oak National Academy- [KS4 Citizenship lessons for Key Stage 4 students](#)

Oak National Academy – [KS4 RSHE \(PSHE\) lessons for Key Stage 4 students](#)

Being aware of the news and current affairs Home - BBC News